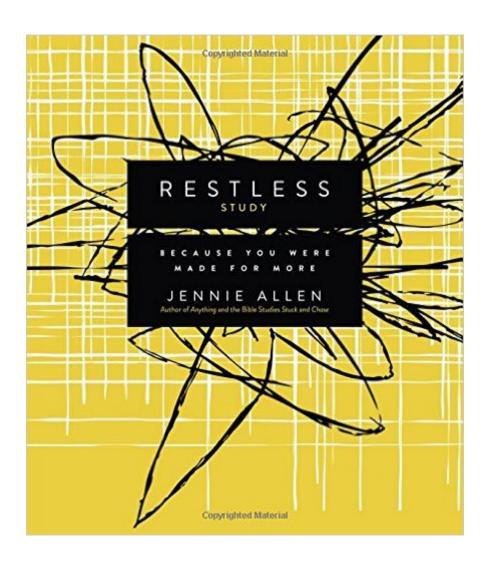
## The book was found

# Restless Study Guide: Because You Were Made For More





## Synopsis

In Restless, an 8-session, video-based small group Bible study, Bible study teacher and author Jennie Allen helps you discover a practical plan to identify the threads of your life and how to intentionally weave them together for God's glory and purposes. Restless explores this important question: â œDo I matter?â • And Jennie asks, "We livewith lots of things, lots of peopleâ |but do we live for something?â •Using the story of Joseph, Jennie explains how his suffering, gifts, story, and relationships fit into the greater story of God-and how our stories can do the same. Then she also introduces Threads-a tool to help you see your own personal story and to uncover and understand the raw materials God has given you to use for his glory and purpose while on this planet. The lessons in this study guide are engaging and interactive, offering in-depth Bible study, personal stories, and projects enabling the teaching to move off the page and into your life. Designed for use with Restless: A DVD Study.

### **Book Information**

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#### Customer Reviews

As a Women's Ministry Director leading 400 women through Restless, I have been amazed watching women connect with the stories and the concept. I personally identified with every page having been a stay-at-home mom for over a decade, knowing there was something else I could do but not having the tools to help me find the what. As I read Restless, I was able to connect the dots between my life experiences and God's call on my life. Jennie brings powerful stories and imagery together as she walks you through her personal journey and the journey's of others. I love the way she writes using movies and metaphors and practical examples. You can really feel her passion for

this project and for women. Each week tackles a different area, or thread as Jennie calls them, of your history. Through thoughtful and sometimes challenging exercises, Jennie helps women weave together their own unique calling while building their confidence to be courageous and actually live it out. The women in the ministry I lead have been inspired to step out in faith and answer different calls. Some women are stepping up to lead, some are changing careers and some are feeling more content with where they are. This was one of the BEST bible studies we have done in our ministry with the biggest response. In fact, we have women giving copies of it to friends, neighbors, sisters and moms. Don't miss this wonderful workbook or the original book.

What an inspiring study! I am a small group leader in women's ministry at church, and this study guide was so encouraging and life-changing (to work through with the 12 women in my group). The discussions were so powerful as we listened and shared with each other about what God was telling each of us about our gifts and how we could use those gifts (passions) for HIM! If you will spend the time to reflect on the questions that Jennie asks in this guide, you will no doubt grow in the direction that God has planned for you! I love that Jennie continually encourages us to seek the path that God has designed just for me...just for you...and she keeps reminding us that God will equip us for that path! Again, be ready for a life-changing experience and absorb all the divine wisdom that Jennie shares in this guide! (Each chapter is fairly short, but contains GREAT wisdom and motivation! Get this book and dive-in so that you don't miss out on making a difference for eternity!)

Amazing 8 week study for women, at any stage of life, would benefit from!! We would highly recommend this author, different layout for study! We are truly enjoying it!

Great study! Really makes you dig deep! I feel it's best for small group bible study!Can't wait to read another of Allen's studies!

This was my first Bible study with Jennie Allen and my new church. I have since done three Jennie Allen studies. As always she is real, she is raw, she is honest. She will say things, and I think, "Oh, my goodness!!! I think that too, but I have never said it out loud!" But she says it out loud! This Bible study made me look at my relationship with God in a whole new way for the first time in a Long time. Amazing, and would recommend it to everyone, no matter where you are in your walk with the Lord.

I first did Jennie's Stuck study, and now i'm hooked on her study books. She has a really great way

of drawing you in, and she utilizes several different ways to help you connect. Whether your learning style is reading, listening, or if you are creative and enjoy being a little artistic, there is something in these study guides for everyone. This particular study seemed to go a little deeper than the stuck study, and it was a pleasant surprise for me. It's a great study.

This Bible study digs deep into your soul and draws out, not only a deeper love for Jesus Christ, but also stirs up the desire to search out and use the talents and gifts that God has given to each of us, for His purpose, and to find a satisfaction in so doing that fills one's life!

I really enjoyed Jenny's "Restless" video study and thought this study guide would be a good companion. Unfortunately it was extremely confusing to work through and from what I can tell does not go with the video study. I regret to say that I would not recommend the purchase of this study guide because of how confusing it is to read through and the poor layout.

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